





# DELTA AQUATICS APPAREL & EQUIPMENT HELP SHEET

# SENIOR

## Equipment Needed

Below is a list of what equipment and apparel are needed for the Senior Practice Group. Swimmers may purchase additional items not required for their group, for example many will purchase a mesh bag to carry their equipment to and from practice easily. All other clothing and equipment that is offered each season is optional and can make nice holiday/birthday presents.

<b>CURRENT SEASON SHIRT</b> 	<b>TEAM SUIT</b>  Endurance Fly Back OR Cut-Out	<b>WATER BOTTLE</b> 	<b>GOGGLES</b> 	<b>PULL BUOY</b> 
<b>TEAM CAP</b> Caps can be personalized or plain.  <i>New swimmers get a free plain Delta cap during the first week of practice.</i>	<b>LONG FINS</b> 	<b>KICKBOARD</b> 	<b>TEAM WARM-UP JACKET</b> 	<b>PADDLES</b> 
<b>SNORKEL</b> 	<b>DRAG SUIT (Optional)</b> 	We also offer a 3-pack of team shirts so swimmers can get have a shirt in each team color for meets to show their team spirit!		

