




# DELTA AQUATICS APPAREL & EQUIPMENT HELP SHEET

# FUNDAMENTAL

## Equipment Needed

Below is a list of what equipment and apparel are needed for the Fundamental Practice Group. Swimmers may purchase additional items not required for their group, for example many will purchase a mesh bag to carry their equipment to and from practice easily. All other clothing and equipment that is offered each season is optional and can make nice holiday/birthday presents.

<p><b>CURRENT SEASON SHIRT</b></p> 	<p><b>TEAM SUIT</b></p>  <p>Endurance Fly Back</p>	<p><b>WATER BOTTLE</b></p> 	<p><b>GOGGLES</b></p> 
<p><b>TEAM CAP</b></p> <p>Caps can be personalized or plain.</p>  <p><i>New swimmers get a free plain Delta cap during the first week of practice.</i></p>	<p><b>LONG FINS</b></p> 	<p><b>KICKBOARD</b> (Optional)</p> 	<p><b>TEAM WARM-UP JACKET</b> (Optional)</p> 

We also offer a 3-pack of team shirts so swimmers can get have a shirt in each team color for meets to show their team spirit!

