

Tritan Swim Fin Sizing Guide

Please note: Be advised that the adult sizes correspond more closely to a women's shoe size. Men should consider going one size up. If swimmers are between sizes, it's recommended to size up and wear socks with their fins. Also, they can come to practice and try on fins to find the right size for them before ordering.

Training floating fins are color-coded as follows, fin colors subject to change at manufacturer's discretion.

- Youth size 8-11 – Blue/Blue
- Youth size 11-13 – Blue/Red
- Adult Size 1-3 – Blue/Orange
- Adult Size 3-5 – Blue/Purple
- Adult Size 5-7 – Blue/Yellow
- Adult Size 7-9 – Blue/Green
- Adult Size 9-10 – Blue/Grey
- Adult Size 10-11 – Blue/Red
- Adult Size 11-13 – Blue/Black
- Adult Size 14-15 – Blue/Forest Green



Selecting the Proper Swim Fin Size - 5 Key Tips

Can selecting your swimming fin size be as straightforward as checking your shoe size? Not always, but fitting fins shouldn't be challenging or frustrating.

1. Shoe Size

Start by choosing fin size based on your shoe size. If you wear a size 10 in your daily shoes, begin with a size 10 swimming fin.

During our apparel fitting or at the pool using our fins, make a visual comparison by aligning the sole of your shoe with the sole of your fin.



Fin Size	6-8C	8-11C	11-1C	1-3	3-5	5-7	7-9	9-10	10-11	11-13
Youth Shoe Size	6-8	8-11	11-1							
Women's Shoe Size				3-5	5-7	7-9	9-10	10-11	11-12	13-15
Men's Shoe Size				1-3	3-5	5-7	7-9	9-10	10-11	11-13

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2. Trying On Your Swimming Fins – Dry / Wet

Toe Position: It's OK for toes to show in the fin's foot pocket window, but make sure that your toes do not protrude from the foot pocket window.



Dry Fitting – Be Careful! If you are fitting fins dry, inserting your feet into the swim fin foot pocket is met with ample resistance. Some new fins are “greased” or “powdered” and may not present this issue, but most swimming fins are not. Don't allow a loose fit! Fins should be snug.

Struggling to enter dry fins may cause you to “size up” unnecessarily, resulting in floppy fins that are inappropriately loose in water.

Wet Fitting – Ideal! The ultimate approach to fitting swim fins is fitting them in the water and taking them for a spin in the pool.

3. Close, Snug Fitting Swim Fins Preferred!

Fins should fit snugly; if you can fit multiple fingers in the space between fin and skin they are too big. Fins should not be loose. A loose fin will cause chaffing and likely painful blisters in the long run.

4. Between Fin Sizes? Put A Sock In It!

If you find that your feet fall between fin sizes, don't give up! Add a regular gym sock to fill unnecessary gaps. They will add padding and comfort and eliminate uncomfortable rubbing.

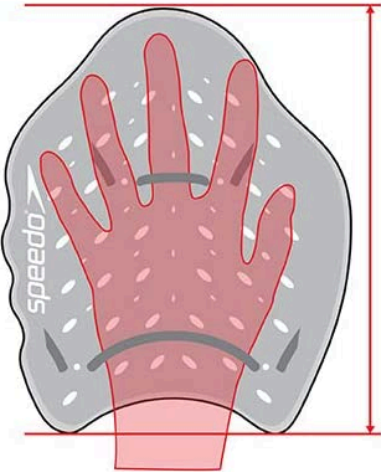


5. Not Satisfied With The Fit Of Your Fins? Don't Worry!

We want swimmers to be happy with the fit of their fins. Reach out to Simply Swimming to exchange/refund fins that do not meet your fit expectations.

Speedo Power Paddle Plus

PADDLE SIZE | LENGTH
(from top to bottom of paddle)



POWER PADDLE SIZE CHART

SIZE	LENGTH (TOP TO BOTTOM OF PADDLE)	
S	7.05 IN	17.9 CM
M	8.5 IN	21.6 CM
L	9.06 IN	23 CM
XL	9.45 IN	24 CM

For the best fit, paddle should extend slightly beyond your middle fingertip. For increased resistance, we recommend sizing up.

